



STUDY SKILLS TIPS

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- **Try to review lecture notes daily, then study intensely before an exam.**
- **Make a study plan. “How many days to my next exam? How many days will I need to prepare?”**
- **Give your absolute attention in class.**
- **Try to predict exam questions. Then, write out the answers to the questions.**
- **The first step to mastering math class is to attend every class and take complete notes.**
- **Study right from the beginning of the semester. Do not get behind!**
- **The average student can read/study about 8 to 10 pages of natural science per hour.**
- **To make sure you understand the material, try to explain it to others.**
- **Learning technical material requires repetition. Read several times. Work all example problems.**
- **If possible, preview class material prior to the lecture.**
- **Before reading the chapter, read the chapter summary, section headings, and the introduction.**
- **When reading the textbook, read small portions at one time. Stop and try to summarize what you have just read in your own words to insure full comprehension of the material.**
- **Review lecture notes within 24 hours of the lecture. And, always review material from the previous lecture before going to the next class.**
- **Reduce last-minute test anxiety by not looking at notes or test material while waiting for the test to be distributed.**
- **Don’t study one subject for more than two hours at a time. Make sure to take brief breaks every 50 minutes. You should take a 10 minute break for every hour of study.**
- **Find a study environment where you can concentrate and not be easily distracted.**
- **Make sure to indent when taking notes in order to visually distinguish levels of importance and relationships.**

- **Always find a place that's comfortable for you to work in. Take the extra five or ten minutes to get every thing you need together, because it will save you time later and make you feel more relaxed.**
- **If you need to understand a concept very well and very fluently, type it up and tape it on the ceiling above your bed. Read it over a few times every time you're around.**
- **If you're not in the mood to read, then don't attempt to. You'll end up spending too much time trying to concentrate and insufficient time actually reading.**
- **Get as much sleep as possible (between 6 to 8 hours), as this will make the time that you are awake more productive.**
- **Try to adjust to the teaching style of your professor. After the first quiz or test, you should be able to get a good idea of what he or she wants you to be learning. Adjust your study habits accordingly.**
- **Look around throughout the day. Try to find a place that would be great for you to study during the evenings or on weekends. Good ideas: empty classrooms, library, the Student Center, etc.**
- **Revise notes after class as soon as possible.**
- **Eat healthy...don't live on fast foods and junk foods.**
- **For textbook reading, skim first! Learn about what you should get out of the reading by looking at titles, subtitles, and objectives, if listed. Try reading the summary at the back of the chapter as well.**
- **When studying for a major test, break up the information into smaller sections. Learn one section and test yourself on the knowledge. Then learn the next and test yourself on BOTH, continue until you've mastered the material!**